

Sermon Notes
My Story ... So Far
June 10th – 11th, 2023

Introduction & Prayer

Pr. Kayla sharing her testimony (takes about 15-20mins)

Spiritual Warfare - **Ephesians 6:10-18**

- There are Spiritual forces at play in our lives.
- We do not need to fear, the Lord Equips us with Spiritual armor.

Taking Thoughts Captive – **2 Corinthians 10-3-5**

- Stronghold – a place where a particular cause or belief is strongly defended or upheld.
- The stronghold of lies that you face can be torn down, no matter how deep they go.
- How do we do this?
 1. Do you have a million thoughts overwhelming you? Isolate just one.
 2. Does it line up with the truth of the word of God?
 3. Yes? Great! Or No? Then rebuke it.
 4. Replace that lie with the truth. Use a specific verse.
 5. Say it over and over again till you believe it.

2 Corinthians 3:17 – Spend Time in Worship and Prayer

Hope in Jesus – **1 Corinthians 15:57-58**

Through Jesus you can overcome what you are facing.

We don't fight anxiety or depression or suicidal thoughts hoping to win. If we fight with Jesus, we fight KNOWING we win!

Start seeking God where ever you are at. "Wanting to be set free but not believing you can be" is an ok place to start.