

## Unlocking Freedom In Your Life, Part 3: Free To Be Me!!

Remember, small groups are primarily for growing closer relationships with other believers. We can learn wonderful things in this environment but keep relationships first.

- **Unlocking Freedom In Your Life**
- Recap: Three Steps in the Path to Freedom from **John 8:31-32**.
  - Step One: Hold to Jesus' Teachings.
  - Step Two: Know the Truth. This is talking about a knowledge that comes from experience!
  - Step Three: The Truth Sets You Free! As you learn you get more and more free!
- This Week: Getting Free from Personal Insecurity or "**Free to Be Me!**"
  - Ever think thoughts like: I'm just not good enough, I just don't fit in, They will never like me, I'll never make it, etc.??
  - How about the other side of the coin? They're just not good enough, They don't belong, I'll never like them, They'll never make it, etc??
  - Today we endeavor to throw that whole coin away!!
- What causes this problem?
  - Not knowing who you truly are AND not knowing the firm foundation that you can stand on.
  - So, let's find those two things out today!!
- Look at the 3 Steps to Freedom in **Luke 9:23-27**.
  - How do we "hold to" v23?
  - What do we learn when we do that? V24-25!!
    - Two meanings of "very self."
  - The resulting freedom is "Free to Be Me!"
- Let's look at the good old story of David and Goliath! **1 Samuel 17:20-40**
  - **V28:** Eliab is not very nice!! The reality is that some people will misunderstand you and malign you. They did that to John and Jesus! **Matthew 11:18-19**
  - **V34-36:** David has been humble and faithful. He passed the previous tests.
    - This is the "take up his cross daily." Most days will not be so exciting! But without the keeping of sheep there is no Goliath.
  - **V39-40:** David takes off Saul's armor.
    - David knew who he was and what he could do. He went very much against convention!
      - What if David had kept Saul's armor on? Apply this to yourself.
    - Be confident in who you are and who God made you to be!
- A couple more points about knowing who you are:
  - God's strength is shown in our weakness. **2 Corinthians 12:7-10**
    - The point is, your self-worth and self-confidence cannot be based on you having no weaknesses. Be ok with that and let God show His strength in it!
  - God made you to be part of something bigger than you! **1 Corinthians 12:27**
    - You can't do everything, but you can do something! Do that!!
  - You must DISCOVER who God made you to be, you don't get to pick.
    - **John 15:16.** Being true to God's call is being true to yourself!
- So, who are you?
  - When you put your faith in Christ you are: forgiven and clean, righteous in God's eyes, unique and significant, an important part of God's Kingdom, but with some weaknesses and built to need other's help!
- What is the foundation you stand on?
  - There is a firm, unshakable, eternal foundation that you can stand on!
- **Galatians 6:7-8** When you give your life to Christ. When you take up your cross daily and follow Jesus, you are sowing seed for eternal life!
  - God will never forget you. No one can steal your future when you trust in Christ!!
- Pray for each other before you finish up!